

Goulburn & District Netball Association 2023 Representative Handbook



goulburnna.nsw.netball.com.au

www.facebook.com/GDNA101/

Table of Contents

page

Overview	3
Committee Contacts and Representative Team Coaches	4
Representative Protocols	5
Team Protocols	6
Carnivals	7
Carnival Format	8
Finances	9
Payments	11
Fundraising	14
Uniforms	15
Junior State Titles 13s/14s	16
Senior State Titles 15s/U17s/U21s/Opens	18
GDNA Photographs and Recordings	20
GDNA Representative Teams Presentation	20
Parent/Guardian Agreement Summary	21
Representative Junior Player Agreement Summary	22
Parent and Player Acknowledgement of Codes of Behaviour	23
Parent Contact/ Emergency & Medical Information	24

Goulburn & District Netball Association

Goulburn & District Netball Association (GDNA) wishes to congratulate and welcome you as a Representative Player in 2023. GDNA sincerely hopes that you enjoy this experience!

The *Code of Conduct and Behaviour* and *Consent and Nomination Form* are documents that each GDNA Rep Player must read and sign. If Under 18 - a Parent/Guardian must also read and sign. These signed documents should be handed into your Team Manager at the beginning of the first training session. Your Team Manager will provide a copy of these forms to the Rep Coordinator.

This GDNA Representative Handbook outlines what Goulburn & District Netball Association requires of each player at training, carnivals, Junior and Senior State Titles and all official events where you are representing Goulburn & District Netball Association.

Additionally, at the end of this booklet is an Emergency Medical Information Form that also needs to be completed and returned to your team manager at the beginning of your first training session.

GDNA Committee members, Coaches, Managers and Carers volunteer their time and services freely and are happy to coordinate and assist the development of players in the Representative Program.

Please ensure that players are enthusiastic in their commitment to representative netball.

Welcome to GDNA 2023 Representative Teams

Committee Contacts

President	Scott Byrne	gdna.president@hotmail.com
Vice President	Kaz Campbell	gdna.vicepresident@hotmail.com
Rep Co-ordinator	Wendy Weekes	gdna.rep@hotmail.com
Coaching Co-ordinator	Charlotte Sutherland	gdna.coaching@hotmail.com
Treasurer	Katherine Hyland	gdna.treasurer@hotmail.com

2023 Coaches/Managers/Carers

11/12/13 Development	Simone Blay/Jason Yip	TBA	TBA
14s			
15s			
17s	Belinda Cudaj	Alison Skelly	Jo Pollard
19s			
Opens	Jason Yip/Simone Blay	Lisa Charnock	Sharon King
Masters			

Contacts for Questions/Comments/Queries and Compliments:

1. First *Point of Call* (POC) – Contact your Team Manager with any queries.
2. For Coaching Enquiries – Coaching Co-ordinator
3. POC at Carnivals – Rep Co-ordinator/Coaching Co-ordinator
4. For all GDNA Representative Administration Enquiries – Rep Co-ordinator

Representative Protocols

Introduction

We are very proud to participate in our GDNA Representative season, and as such we have put together information for parents, players, coaches, and officials to ensure all those associated with Goulburn & District Netball Association uphold the values of GDNA.

GDNA prides itself on the professionalism of its representative program and we have these guidelines in place to ensure a positive experience is enjoyed by all involved in the representative program.

Training

All players are expected to attend ALL training sessions, regardless of injury. If a player is unable to attend any training sessions, it is compulsory for you to contact the team coach or manager prior to the commencement of training. (Before midday or as early as practical)

ALL PLAYERS are expected to give the coach and their team mates their undivided attention during all training sessions.

Saturday Expectations

Additionally, players in teams up to U15's are to participate as the rep team in the division above at the Saturday competition to gain skills, match play and team bonding.

It is expected that all GDNA Rep players in the U17s age division play in the Saturday competition in their correct age division (Cadets). If there are extenuating circumstances, a player may submit a request to the committee in writing for an exemption.

Carnivals

All players are expected to attend all scheduled carnivals as set by GDNA. Any additional carnivals scheduled will be notified via the Representative Coordinator.

Player Obligations

Players from the age of 13 must have a current Umpires Section 1 Theory Exam accreditation in the year of play.

All Representative Players must contribute to the Association in some way, such as coaching a junior team, umpiring, NetSetGo Assistance or other duties as directed by the Association.

Team Protocols

At all carnivals, practice matches, training sessions, State Titles and during competition matches - the following protocols will be observed by players, parents, officials and team management officials:

- All players must arrive promptly to all scheduled commitments as determined by the team coach.
- At all times under the coach's care, the athletes will give the coach their undivided attention.
- During all matches – all players not on court will remain seated next to the team coach.
- At no time during warm up, during the match, during breaks and post-match are parents permitted to approach individual players until the coach has released them after the match de-brief.
- Coaches will determine a time with parents to approach coaches for any feedback and this will be at a time that is convenient to both coach, parent and player if necessary.
- All players, parents, spectators and coaches are obliged to follow the following codes of behaviour as set out by Netball Australia, Netball NSW and Goulburn & District Netball Association.

If you have any concerns relating to coaching, please speak to the Coaching Coordinator or Rep Coordinator:

Carnivals

Carnivals generally start around 8:00am and usually finish around 4:00pm.

It is expected that parents, players and team officials arrange between themselves their mode of transport to carnivals. Please note that all vehicles must be equipped with sufficient seatbelts and be properly registered and insured.

Court Time for Players at Carnivals

GDNA's participation at local and away carnivals and state league is an integral inclusion for the team's preparations for the NSW Junior State Titles, NSW Senior State Titles and Regional State League.

As carnivals are included as part of GDNA Representative training program coaches will endeavour to allow as much court time for each player as possible.

Court time is dependent on player injuries being carried by the team at any given time and the ability of players to play in various positions as needed.

Ultimately, game plans are up to the coach of each team – and they are made in the best interests of the team with training and development as the primary focus.

Carnival Format

- Players remain in the care and leadership of their coaches and team officials for the day.
- Players and parents will be advised by their coach when the players can have 'free time'.
- Players are to remain with their team prior to, during and after all warm ups, cool downs and game time.

***This Carnival list is a guide. Coaches will advise carnivals early in 2023
Carnivals may change at any time due to events beyond our control.***

2023 Carnivals			
Venue	Date	Age Groups	Court Address
Queanbeyan	5 March	11-17yrs	17 Thornton Road, Queanbeyan
Cowra	19 Mar	11-Opens	Col Stinson Park, Cowra
Eurobodalla	19 Mar	12-Opens	TBC
Young	26 Mar	11-Opens	Young Sports Stadium, Young
Kiama	26 Mar	11-Opens	Havilah Place, Kiama
Regional State League	31 March, 1-2 April	17-Opens	Shoalhaven Indoor Sports Centre
Shoalhaven	30 Apr	11-Opens	Shoalhaven Indoor Sports Stadium
Arawang (ACT)	TBC	TBC	Streeton Drive, Sterling ACT
Camden	30 Apr	11 & Opens	2 Porrende Street, Narellan
Bathurst	30 Apr	11- Opens	261 Durham Street, Bathurst
Baulkham Hills	28 May	11 & Opens	Wellgate Ave, Kellyville 2155
SCNA (ACT)	TBC	TBC	
Campbelltown	18 Jun	11-14yrs	Coronation Park, Minto
Illawarra	30 July	10-17yrs	Fred Finch Park, Hooka Creek Road, Berkeley

All nominated contacts will be notified of further changes, details and checklists by team manager. Short information notices will also be posted on the GDNA Website and GDNA Facebook pages.

Finances

Below Fees do not include ACT State League Tier 1 and Masters Competitions. These will be invoiced to eligible players selected in these teams at a later date.

Junior

GDNA Rep Fees include:

- Weekly training (indoor and outdoor venues) (4 indoor sessions per season)
- NSW and ACT Carnival fees
- Shade shelters and team training equipment
- Carnival patches and equipment – water/ice/first aid
- End of season presentations for players, coaches, team managers and umpires, team photo and certificates
- 1 pair GDNA socks
- 12s-17s up to 5 NSW and 1 ACT Carnivals. Opens up to 3 Carnivals.
If more carnivals are to be attended, additional fees are to be discussed.

GDNA JUNIOR REP 12s/13s/14s	\$150 per season per player
PLUS Playing Dress (<i>All Players</i>)	Approx \$70 per player
NSW Junior State Titles	Approx. \$900 **

Senior

GDNA Rep Fees include:

- Weekly training (indoor and outdoor venues) (4 indoor sessions per season)
- NSW ACT & ACT Carnival Fees
- Shade shelters and team training equipment
- Carnival patches and equipment – water/ice/first aid
- End of season presentations for players, coaches, team managers and umpires, team photo and certificates
- 1 pair GDNA socks
- 12s-17s up to 5 NSW and 1 ACT Carnivals. Opens up to 3 Carnivals. If more carnivals are to be attended, additional fees are to be discussed.

GDNA SENIOR REP 15s/17s/Opens	15s/17s \$150 / Opens - \$135
PLUS Playing Dress (<i>All Players</i>)	Approx \$70 per player
NSW Senior State Titles	TBA Approx. \$900 ** Not including player dinners
Regional State League (17s & Opens)	TBA Approx \$300** Not including player dinners

There are ample fundraising opportunities which are encouraged to cover costs.

*** All figures are estimates only and may change dependant on accommodation availability and costs.*

*** In 2023 the Representative fee structure has changed to include that all costs associated with umpires are met by Rep players (In previous years this has been covered by GDNA). In 2023, Sponsorship received from Goulburn workers club of \$5000 will be allocated towards the costs of tent hire/chair hire/table hire, registration fees and partial umpire costs. It is important that you are aware that this sponsorship is not guaranteed for future years, therefore these costs may be higher in the future.*

Payments

Junior

	Amount	Due
Playing Dress payment	Approx \$70	Upon purchase
Jacket payment	Approx \$70	Upon purchase
Training Shirt payment	Up to \$45 (less if sponsorship available)	Upon purchase
First instalment	15% of total Fees \$157.50	21 Feb 2023
Second instalment	15% of total Fees \$157.50	21 Mar 2023
Third instalment	20% of total Fees \$210	28 Apr 2023
Fourth instalment	20% of total Fees \$210	21 May 2023
Fifth instalment	20% of total Fees \$210	8 Jun 2023
Sixth instalment	10% of total Fees \$105	28 Jun 2023
** Indicative weekly cost if payments commence 13 Feb = \$52.50 (20 weeks)		

- * *Train On Player Fees – Representative Fee of \$50, plus \$10 per carnival.*
- i. GDNA Treasurer will generate an initial invoice and bank deposit details will be provided on invoice.
 - ii. Direct deposit is the preferred method of payment.
 - iii. *Instalment plans can be arranged and must be in place before the first instalment is due.*
 - iv. If cash payments are more than the total State Titles Bill, you will be eligible to have those payments refunded once bills are finalised.

If you experience difficulties paying your invoice in full, please contact Treasurer or Rep Co-ordinator ASAP.

Payments

Senior 15s

	Amount	Due
Playing Dress payment	Approx \$70	Upon purchase
Jacket payment	Approx \$70	Upon purchase
Training Shirt payment	Up to \$45 (less if sponsorship available)	Upon purchase
First instalment	15% of total Fees \$157.50	21 Feb 2023
Second instalment	15% of total Fees \$157.50	21 Mar 2023
Third instalment	20% of total Fees \$210	28 Apr 2023
Fourth instalment	20% of total Fees \$210	21 May 2023
Fifth instalment	20% of total Fees \$210	8 Jun 2023
Sixth instalment	10% of total Fees \$105	28 Jun 2023
** Indicative weekly cost if payments commence 13 Feb = \$52.50 (20 weeks)		

Senior 17s and Opens

	Amount	Due
Playing Dress payment	Approx \$70	Upon purchase
Jacket payment	Approx \$70	Upon purchase
Training Shirt payment	Up to \$45 (less if sponsorship available)	Upon purchase
First instalment	15% of total Fees \$202.50	21 Feb 2023
Second instalment	15% of total Fees \$202.50	21 Mar 2023
Third instalment	20% of total Fees \$270	28 Apr 2023
Fourth instalment	20% of total Fees \$270	21 May 2023
Fifth instalment	20% of total Fees \$270	8 Jun 2023
Sixth instalment	10% of total Fees \$135 (\$120 for Opens)	28 Jun 2023
** Indicative weekly cost if payments commence 13 Feb = \$67.50 (20 weeks)		

* *Train On Player Fees – Representative Fee of \$50, plus \$10 per carnival.*

- i. GDNA Treasurer will generate an initial invoice and bank deposit details will be provided on invoice.
- ii. Direct deposit is the preferred method of payment.
- iii. *Instalment plans can be arranged and must be in place before the first instalment is due.*
- iv. If cash payments are more than the total State Titles Bill, you will be eligible to have those payments refunded once bills are finalised.

If you are experiencing difficulties paying your invoice in full, please contact the Treasurer or Rep Co-ordinator ASAP.

Fundraising

Fundraising opportunities may be available throughout the season. Some of these fundraising activities could include:

- Selling Chocolates*
- Canteen Duty
- Pie Drive

Canteen

GDNA operates a canteen facility at Saturday competitions. Fundraising opportunities may be available with rostered placement in the canteen. Speak to your manager about a place on the roster.

Cadburys Chocolates

Cadburys Chocolate Fundraiser will be organised early in the season. There is an initial limit of 2 boxes per family. Additional boxes can be ordered after funds from outstanding boxes are returned to the Team Manager.

Donations

Upon Request GDNA may provide a letter of authorisation to seek individual/team donations from businesses. Players who utilise this form of fundraising agree that any funds raised in this manner **MUST** have receipt of funds directly to the GDNA nominated bank account as stated in the letter. Receipt of funds directly to player via cash, funds transfer or any other method is not endorsed or approved by GDNA

*** Any chocolates or raffle tickets that are unable to be sold MUST be returned to the rep coordinator by the fundraising closing date.**

Refer to the GDNA Financial Policy for further information in regard to representative billing.

**GDNA welcomes new ideas for fundraising.
Fundraising Plan proposals should be presented to GDNA Rep
Coordinator for consideration by GDNA Committee.**

Uniforms

Full GDNA Representative Uniform is required to be worn *to/during/from* all carnivals, State Titles and on other occasions requested by GDNA.

Representative Uniform	GDNA Playing Dress	\$70 Approx
	GDNA Training Top (Sponsorship opportunities are available – contact GDNA Committee)	Up to \$45
	GDNA Jacket	\$70
	GDNA Socks	\$11
	Plain black athletic shorts supplied by player	
	Lace-up Netball Sneakers (supplied by player)	
	Track Suit pants, plain black track pants (supplied by player)	

Training Uniform	GDNA Training Top (Sponsorship opportunities are available – contact GDNA Committee) BLACK bottoms Lace-up Netball Standard Shoes
-------------------------	---

It is expected that each player wear appropriate footwear at all times when training and playing throughout the Rep season (Look after those feet!!) No black soled shoes. Ask Coaching Co-ordinator or Rep Coordinator for advice.

Please ensure players wear an appropriately supportive sports bra during training, carnivals and State Titles.

GDNA Representative uniform is not to be worn mixed with other netball uniforms (e.g., club, school or state uniforms)

Jewellery is not to be worn to training and games. Thongs/Ugg boots may be worn during travel – upon arrival all rep players should be dressed in appropriate rep uniform.

Please ensure all items are clearly labelled

NSW Junior State Titles (13s/14s)

The aim of GDNA Junior Representative Teams is to win the NSW Junior State Titles.

In the process of working towards this goal we will give every player an opportunity:

- on court at carnivals
- to develop at training providing them with the appropriate skills to be competitive - to perform these skills to a highly competitive level.

NSW Junior State Titles is the pinnacle of what we are working towards and as such, coaches will play players according to their performance and in the best interests of the team.

The development of all players is paramount in the representative program and coaches will work with each player to develop their netball skills in line with the Netball Australia skills pathway throughout the season.

There will be times, especially at Junior State Titles, where team members may not be given court time for a number of reasons. Including:

- appropriate team match ups against opposition
- performance and behaviour related instances

If a team is unable to field a full number of players, and no players of the correct age are available within GDNA, players may be borrowed from other associations to play during the titles.

At all times the coach will keep open communication line with players and provide feedback as appropriate. GDNA abides by Junior State Titles Competition Rules which requires all players to attain minimum match play over the entire Titles.

Parents are welcome to approach GDNA Rep Coordinator/Coaching Co-ordinator to seek clarification or voice concerns or queries. Parents may approach team Carer if their child has indicated they are injured or unwell, but it is strongly encouraged that all players should discuss any illnesses/injuries with the team carer in the first instance.

Please do not approach the Coach or Team Manager directly as their attention needs to remain focused on their entire team for the whole weekend.

During State Titles weekends, Rep co-ordinator/ GDNA Official Representative are your first point of contact regarding this policy and its outcomes.

Weekend Format

Coaches and/or Team Managers will clearly communicate, prior to the State Titles weekend: game times, including warm up and training, team photos, duties, “team time” and free time.

Please note: Netball NSW distributes this information one week prior to Junior State Titles.

During the Junior State Titles weekend - teams will be given restricted and exclusive access to the GDNA tent for “Team Time” before and after games as directed by the team coach. As per Netball NSW format, parents and supporters are **not permitted** in the Association tent.

Players are not permitted to leave the courts during the scheduled three days of State Titles.

NSW Junior State Titles

Venue	Dates	Teams
Liverpool City Netball Assoc. Woodward Park 90 Memorial Ave Liverpool	Sat 1 Jul to Mon 3 Jul 2023 (depart Goulburn Fri 30 Jun)	13s/14s

Please note: Due to COVID-19, Competition venues and format will be under regular review by Netball NSW. Venue updates will be provided as information becomes available.

NSW Senior State Titles 15s/17s/Opens

The aim of GDNA Senior Representative Teams is to win NSW Senior State Titles.

In the process of working towards this goal we will give every player an opportunity:

- on court
- to develop at training providing them with the appropriate skills to be competitive - to perform these skills to a high competitive level.

NSW Senior State Titles is the pinnacle of what we are working towards and as such coaches will play players according to their performance and in the best interests of the team.

In some instances this may mean that a player may not go on court in a game at State, and this may happen during State Titles.

The development of all players is paramount in the representative program and coaches will work with each player to develop their netball skills in line with the Netball Australia skills pathway throughout the season.

There will be times, especially at Senior State Titles, where team members may not be given court time for a number of reasons. Including:

- appropriate team match ups against opposition
- performance and behaviour related instances

If a team is unable to field a full number of players, and no players of the correct age are available within GDNA, players may be borrowed from other associations to play during the titles.

Weekend Format

At all times the coach will keep open communication line with players and provide feedback as appropriate.

Please note: Netball NSW distributes this information one week prior to Senior State Titles.

You or your parents are welcome to approach GDNA Rep Coordinator/Coaching Co-ordinator to seek clarification or voice concerns or queries.

Please do not approach the Coach/Team Manager directly as their attention needs to remain focused on their team for the entire Senior State Titles.

During the Senior State Titles weekend - teams will be given restricted and exclusive access to the GDNA tent for "Team Time" before and after games as directed by the team coach. As per Netball NSW format, parents and supporters are ***not permitted*** in the Association tent.

During State Titles weekends, Rep Co-ordinator/GDNA Official Representative are your first point of contact regarding this policy and its outcomes.

NSW Senior State Titles		
Venue	Dates	Teams
Newcastle Netball Ass. Cnr Union and Parry Street Newcastle	Sat 10 Jun to Mon 12 Jun (leave Goulburn Fri 9 Jun)	15/17/Opens

Please note: Due to COVID-19, Competition venues and format will be under regular review by Netball NSW. Venue updates will be provided as information becomes available.

Injuries/Illness

Injured players are still required to attend training sessions even though they are not participating. GDNA encourages all players to remain involved and are supported while recovering from injury.

If a player is unable to fully participate and/or complete 2 consecutive training sessions due to injury they will be required to gain a medical clearance (physio/doctor) before they are allowed to recommence training. This needs to be sighted by the coach and handed to the Manager. See GDNA Representative Policy

If a player is injured one month before Junior State Titles or Senior State Titles, they must have medical clearance to participate in the State Titles weekend.

If a player is generally unwell or injured, the player must notify their coach.

If a player is unwell but can still attend school, excursions, social occasions they are required to attend training. Players should let their coach know if they are unwell or not 100% and the coach will modify their level of participation to suit.

GDNA Rep Photos & Recordings

During the GDNA competitions GDNA is grateful for the time and service volunteered by the GDNA committee to capture images for Social Media.

During the season parents are encouraged to email both on court and off court individual and/or team photos, including team bonding socials, for inclusion to gdna.vicepresident@hotmail.com

Coaches may utilise mobile recording devices to record their team during training and match play for evaluation and training purposes.

Your coach will communicate how images taken by them will be used.

If you have any concerns or restrictions regarding images of your player please email your coach *and* Rep Coordinator gdna.rep@hotmail.com to ensure your preference is honoured.

GDNA Representative Teams Presentation

Presentation will be held annually.

This event celebrates GDNA Season for the past season as well as team and individual achievements. All players are to attend, and family members are most welcome. Further information will be provided by Team Managers and updates also provided on GDNA web page.

Parent/Guardian Agreement Summary

1. If your child is interested, encourage them to participate in the appropriate netball activity. However, if your child is not willing to participate, do not force him/her. Remember, children are involved in organised activity for their enjoyment not yours.
2. Focus upon your child's efforts and performance rather than the overall outcome of the event. This assists your child in setting realistic goals related to their ability by reducing the emphasis on winning.
3. Teach your child that an honest effort is as important as victory, so that the result of each game is accepted without undue disappointment.
4. Encourage your child to always play according to the rules.
5. Never ridicule or yell at a child for making a mistake or losing a game.
6. Remember that children learn best from example. Applaud good play by all players.
7. If you disagree with an umpire or coach raise the issue through the appropriate channels rather than question their judgement and honesty in public. Refer to points of contact on page three.
8. Support all efforts to remove verbal and physical abuse. Feedback should be positive or it's pointless.
9. Recognise and respect the value and importance of volunteer administrators, coaches and umpires. They give up their time and resources to provide recreational activities for players and deserve your support.
10. Be a model of good sports behaviour for children to copy.
11. Be courteous in communication with administrators, coaches, players and umpires. Teach children to do likewise.
12. Support the age-appropriate development activities and modified rules.

Representative Player Agreement Summary

1. Participate because you enjoy it, not just to please parents and coaches.
2. Play by the rules. Know the Rules
3. Participate fairly and safely.
4. Abide by the decisions, without argument or bad temper.
 - Captains have the right to approach an umpire during an interval or after the game for clarification of any rule.
 - Approach the umpire in a courteous and polite way.
5. Cooperate with your coach, manager and other players.

Verbal abuse of officials or other players, deliberately fouling or provoking an opponent and throwing/damaging equipment is not acceptable or permitted.

 - Treat all players as you would be treated.
 - Ensure that at all times your behaviour is fair.
 - Be a patient and enthusiastic supporter of fellow players.
6. Applaud all good play, by your own team and opponents.
7. Be a responsible team member.
 - Always be on time.
 - Encourage and assist all players.
 - Attend all training sessions.
 - Ensure you always bring the appropriate uniform and equipment to training and or matches.
8. Respect and acknowledge the contribution of those who create the opportunity for you to play.

*Parent/Guardian Acknowledgement of Codes of Behaviour***

I/we _____ the parent/guardian of

_____ in the _____ Team

Have read and understood the codes of behaviour and team protocols for GDNA 2023 Representative program and have discussed the codes of behaviour with our child.

<https://www.goulburnna.nsw.communitynetball.com.au/policies>

I do/do not consent for photographs and recordings to be taken of my child as outlined in the *GDNA Rep Photos & Recordings* section of this manual.

I/We acknowledge that I/we will uphold these values during the 2023 Representative season.

Signed:	Name:	Date:
---------	-------	-------

Player Acknowledgement of Codes of Behaviour

I _____ team member of

GDNA 11 / 12 / 13 / 14 / 15 / 17 / 19 / Open - Team

Have read and understood the codes of behaviour, team and social media protocols for the 2023 Representative Program.

<https://www.goulburnna.nsw.communitynetball.com.au/policies>

I have discussed these with my parent/guardian**

**** For players under 18 years of age**

I will uphold these values during the 2023 Representative Season

Signed:	Name:	Date:
---------	-------	-------

Please attach this signed form to the following Emergency Medical Information Forms and return ALL THREE pages to Team Manager

GDNA Emergency Contact and Medical Information

Player's Full Name: _____

Date of Birth: _____ **Team:** 11 / 12 / 13 / 14 / 15 / 17 / 19 / Opens

Coach/es: _____

Parent/Guardian's name (for u18s - primary carer): _____

Mobile: _____ **Home:** _____

Email: _____

Parent/Guardian's name (for u18s secondary carer): _____

Mobile: _____ **Home:** _____

Email: _____

***NB It is the parents/guardian's responsibility to ensure GDNA is notified of any changes to information provided on this form.**

Alternative Emergency Contact

1st Alternative Emergency Contact: _____

Mobile: _____ **Home:** _____

Relationship to Player: _____

2nd Alternative Emergency Contact: _____

Mobile: _____ **Home:** _____

Relationship to Player: _____

Please outline any information that will help the Association to contact the most appropriate parent/guardian in the event of an emergency or acute injury. (e.g. "I will usually be at/around the courts at training; only 15mins away from training; I will usually attend local carnivals but not away carnivals") etc.:

MEDICAL INFORMATION

Please circle if you/your child suffers from any of the following conditions and complete any other health considerations relevant to playing netball the Association and the coach should be aware of:

Asthma

Travel Sickness

Diabetes

Long Term Injury

Other: (please detail) _____

Allergies to:

Medications: _____

Foods: _____

Other: (please detail) _____

Any special care required: _____

*** If you have circled or noted any of the above please supply a current action plan for treatment**

Medicare Number: _____

Number on Card: _____

Expiry Date: _____

Health Fund: _____

M'Ship No: _____

Medical:

In the event of accident or illness when it is impracticable or impossible to communicate with me, I understand the person in charge will arrange such medical or surgical treatment as may be deemed necessary.

Expenses:

I agree to reimburse the Goulburn District Netball Association for any hospital, medical or ambulance expenses incurred by the Association.

Signature of player OR parent/guardian for U18:

Date: _____