

Goulburn & District Netball Association 2026 Representative Handbook



Facebook: Goulburn District Netball Association

Instagram: goulburn_netball

Website: goulburnna.nsw.communitynetball.com.au

Table of Contents:

- Introductions
 - o Important Contacts
 - o 2026 Team Officials
- Overview
 - o Training and Participation
 - o Winter Competition
 - o Carnivals and competitions
 - o Player commitment to the association
- Team Protocols
 - o Court time for players at carnivals
- Carnival Format
- Finances
 - o Junior
 - o Senior
- Payments
 - o Juniors – 12’s/13’s/14’s
 - o Seniors – 15’s
 - o Seniors – 17’s and Opens
- Fundraising / Sponsorship
- Uniforms
- NSW Junior State Titles (12’s/13’s/14’s)
 - o Weekend format
- NSW Senior State Titles (15’s/17’s/Opens)
 - o Weekend format
- Injury/Illness
- GDNA Rep Photos and recordings
 - o Photography at State Titles
- GDNA Representative Teams Presentation
- Code of Behaviour
 - o General code of behaviour
 - o Player code of behaviour
 - o Parent/guardian/spectator code of behaviour
- Parent/guardian Acknowledgement of codes of behaviour
- Player acknowledgement of code of behaviour
- GDNA emergency contact and medical information
- Request for feedback form

Introduction

Welcome players, parents, and caregivers to the Goulburn & District Netball Association (GDNA) Representative Program for 2026. We are thrilled to have you join us and hope you enjoy this experience!

Our program aims to provide pathways for players to participate in representative netball and develop to their highest potential, while fostering strong personal and team discipline.

Playing representative netball for GDNA is an honour and comes with certain expectations.

This handbook serves as a guide to the program and may answer some common questions.

Please take the time to read it and understand the commitment level required. Players will be asked to confirm that you have read and understood the information included in this handbook and sign the code of behavioural and parent / player consent forms attached.

Additionally, players will complete and return the Emergency Medical Information form to your team Manager or Carer at least 2 weeks after being selected in the squad.

We hope you have a fantastic season in 2026 and look forward to seeing you grow as players and individuals within our program.

Important Contacts

2026		
Role	Name	Contact
President	Courtne Alaia	Gdna.president@hotmail.com
Vice President	Kathryn (Sass) Cudaj	Gdna.vicepresident@hotmail.com
Representative Coordinator/s	Jessica Champion & Skye Deighton	Gdna.rep@hotmail.com
Coaching Coordinator	VACANT.	Gdna.coaching@hotmail.com
Treasurer	Tennielle Skelly	Gdna.treasurer@hotmail.com

2026 Team Officials			
Age	Coach	Manager	Carer
12's Dev	Charli Robinson	Vanessa Fitzgibbon	Samantha Granger
13's	Hannah Cudaj	Ana Fainga'a Lutsker	Lisa Belgrove & Melissa McMullen

Facebook: Goulburn District Netball Association

Instagram: goulburn_netball

Website: goulburnna.nsw.communitynetball.com.au

14's	Jessica Champion & Skye Deighton (Assistant Coach)	Pete Gurr	Leighton Burnes and Sheryl Baker
15's	Belinda Walsh	Kirbie Ryrie	Katie Tooth
17's	Doug Harrison	Jodie Ryrie	Sean McMullen
Opens	TBA	TBA	TBA
Masters	TBA	TBA	TBA

For any questions, comments, or compliments, please contact your Team Manager as the first point of call.

- For coaching enquiries, reach out to the Coaching Coordinator.
- For carnival-related queries, contact the Rep Coordinator
- For all GDNA Representative Administration enquiries, contact the Rep Coordinator.
- For financial enquiries, the GDNA treasurer.

Overview

GDNA prides itself on the professionalism of its representative program and aims to ensure a positive experience is enjoyed by all involved in the representative program.

Training and Participation

We request all players attend all training sessions. Injuries are an unfortunate part of sport, if injured, it is recommended you continue to attend to maintain a positive and supportive team culture and to stay up to date with relevant information shared by your coach. If you are unable to attend a session, please inform your team coach and/or manager by 12pm the day of your training session as per the representative policy. During training, we ask that players give their full attention to the coach, their teammates and uphold the representative player code of conduct.

The association may seek the assistance of an equipment manager (taking equipment to and from carnivals and other representative team events, such as tent, balls, any other equipment that may need to be taking to events), please contact the Representative coordinator if you can fulfil this role.

Winter Competition

The GDNA committee acknowledge the importance of the Representative Program in player development. We also recognise that this program must coexist with our successful Winter competitions.

Players in the junior representative teams are to participate as a representative team in the division above, during the winter competition if there is a higher division available. This is in addition to their regular social team.

This will assist players in gaining skills, match play and team bonding.

Carnivals and Competitions

Players are required to attend all scheduled carnivals as set by GDNA. Information surrounding any additional carnivals which are proposed, will be communicated by the Representative Coordinator. We aim to provide as much court time for each player as possible, considering player injuries and the ability for individuals to play in their selected position unless specified by the coaching staff.

Netball NSW Competition structure can be found on the Netball NSW Website:

Junior: <https://nsw.netball.com.au/hart-junior-state-titles>

Senior: <https://nsw.netball.com.au/hart-senior-state-titles-0>

Carnival schedule as provided by Netball:

NSW: <https://nsw.netball.com.au/association-carnivals>

If a team is unable to field a full number of players, and no players of the correct age are available within GDNA, players may be borrowed from other associations to play as per the selection and representative policies.

Players remain in the care and leadership of their coaches and team officials during competition and training. Players are to remain with their team prior to, during and after all warmups, cool downs and during game time.

Coaches will advise players of scheduled carnivals early in 2026, dates range from early March to end of July. Note, carnivals may change at any time due to events beyond GDNA's control.

Carnivals generally start around 8:00am and usually finish around 4:00pm.

It is expected that parents, players and team officials arrange between themselves their mode of transport to and from carnivals. Please note that all vehicles must be equipped with sufficient seatbelts and be properly registered and insured.

A NSW State Titles pack will be available to each team which can be collected by the team manager on the morning they arrive to State Titles on Saturday.

Player Commitment to the Association

Facebook: Goulburn District Netball Association

Instagram: goulburn_netball

Website: goulburnna.nsw.communitynetball.com.au

Representative Players are required to have a current pass mark of 70% with a Rules of Netball Exam accreditation. GDNA will coordinate venue and support, noting that there will be a player funded registration cost associated.



All Representative Players are obliged to contribute to the success of the Association in some way. Coaches will assist with informing you of these opportunities. Some examples include umpiring, coaching, scoring, set up and pack up of playing courts or assisting with NetSetGo.

Team Protocols

At all carnivals, practice matches, training sessions, State Titles and during competition matches - the following protocols will be observed by players, parents, and team management officials:

- All players should arrive promptly to all scheduled commitments as determined by the team coach
- At all times under the coach's care, the athletes remain focussed on the coach's direction
- During all matches – all players not on court should remain seated next to the team coach.
- In order to support the coach in providing player direction and de-briefing, parents should not approach individual players during warm up, during the match, during breaks and immediately post-match play. Coach/Manager will indicate an appropriate time to approach players.
- To request feedback, a form is required to be filled out and submitted to be the Team Manager and a suitable time will be organised to be discussed within 14 days. Feedback form is attached to the bottom of this handbook if you require.
- All players, parents, spectators and coaches are obliged to follow the following codes of behaviour as set out by Netball Australia, Netball NSW and Goulburn & District Netball Association.

Court Time for Players at Carnivals

GDNA's participation at local and away carnivals and state league is an integral inclusion for the team's preparations for the NSW Junior State Titles, NSW Senior State Titles and Regional State League.

Facebook: Goulburn District Netball Association

Instagram: goulburn_netball

Website: goulburnna.nsw.communitynetball.com.au

As carnivals are included as part of GDNA Representative training program coaches will adhere to the Netball NSW Rules regarding court time. Each year Netball NSW provide a State Title Competition Rules, where you will be able to find the rules in relation to the court time rules.

Court time is dependent on player injuries being carried by the team at any given time and the ability of players to play in various positions as needed.

Ultimately, game plans are up to the coach of each team – and they are made in the best interests of the team with training and development as the primary focus.

Carnival Format

- Players remain in the care and leadership of their coaches and team officials for the day.
- Players and parents will be advised by their coach/team officials when the players can have ‘free time’.
- Players are to remain with their team prior to, during and after all warmups, cool downs and game time.

This carnival list below is a guide. Coaches and Managers will advise the team of the carnival the team will be attending in early 2025. Carnivals may change at any time due to event beyond GDNA’s control.

2026 Carnivals			
Venue	Date	Age	Court Address
Queanbeyan Carnival	1 st March 2026	13’s, 14’s, 15’s	Thornton Rd, Karabar NSW 2620
Young Carnival	22 nd March 2026	12’s d, 13’s, 14’s, 15’s, 17’s	30 Lachlan Cl, Young NSW 2594
Eurobodalla Carnival	26 th April 2026	12’s d, 14’s, 17’s	Captain Oldrey Park, Broulee NSW 2537
South Canberra Carnival	19 th April 2026	13’s, 15’s, 17’s	Makin Pl, Deakin ACT 2600
Camden Carnival	3 rd May 2026	13’s, 15’s, 17’s	2 Porrende St, Narellan NSW 2567
Goulburn Carnival	24 th May 2026	11’s d, 12’s d, 13’s, 14’s, 15’s, 17’s	CARR CONFOY PARK, Park Rd, Goulburn NSW 2580
Yass	14 th June	12’s d	Joe O’Connor Park - Laidlaw Street, Yass, NSW 2582
Kiama Carnival	31 st May 2026	14’s	Terralong St, Kiama NSW 2533

All nominated contacts will be notified of further changes, details and checklists by team manager. Short information notices will also be posted on the GDNA Website and GDNA Facebook pages.

Finances

For Senior representative players, the below Fees do not include ACT State League Tier 1 and Masters Competitions. These will be invoiced to eligible players selected in these teams at a later date.

There are ample fundraising opportunities which are encouraged, to aid in covering costs.

Junior

GDNA Junior Rep Fees include:

- Weekly training (indoor and outdoor venues, 3 indoor sessions per season)
- NSW and ACT Carnival fees
- Shade shelters and team training equipment
- Carnival patches and equipment – water/ice/first aid
- End of season presentations for players, coaches, team managers and umpires, team photo and certificates
- 12s-14s up to 4 NSW and 1 ACT Carnivals

If more carnivals are to be attended, additional fees are to be discussed.

GDNA Junior Rep – 12's (development TBA) /13's/14's	\$185 per season per player
Plus Playing Uniform (all players)	\$70 per player (approx.)
NSW Junior State Titles	\$850 ** (approx.)
Part Payment for Junior State Titles	\$150 (to be paid by 31 st May 2026)

** All figures are estimates only and may change dependant on accommodation availability and costs.

Senior

GDNA Senior Rep Fees include:

- Weekly training (indoor and outdoor venues, 3 indoor sessions per season)
- NSW ACT & ACT Carnival Fees
- Shade shelters and team training equipment

- Carnival patches and equipment – water/ice/first aid
- End of season presentations for players, coaches, team managers and umpires, team photo and certificates
- 15s-17s up to 4 NSW and 1 ACT Carnivals. Opens up to 3 Carnivals. If more carnivals are to be attended, additional fees are to be discussed.

GDNA Senior Rep – 15's/17's/Opens/Masters	15's/17's - \$185 per season per player Opens & Masters – Pro rata
Plus Playing Uniform	\$70 per player (approx.)
NSW Senior State Titles	TBA - \$900 ** (approx.) Not including player dinner
NSW Regional State League	TBA - \$300 ** (approx.) Not including player dinner
Part Payment for Senior State Titles	\$150 (to be paid by 31 st May 2026)

** All figures are estimates only and may change dependant on accommodation availability and costs.

Payments

Junior 12's (development TBA) /13's/14's

Item	Cost	Due date
Playing uniform	\$70 (approx.)	Upon purchase
Jacket	\$70 (approx.)	Upon purchase
Training shirt	Up to \$45 (less if sponsorship available)	Upon purchase

* Train On Player Fees – Representative Fee of \$50, plus \$10 per carnival.

- GDNA Treasurer will generate an initial invoice and bank deposit details will be provided on invoice.
- Direct deposit is the preferred method of payment.
- Instalment plans can be arranged by contacting the GDNA treasurer and/or rep coordinator
- If cash payments are more than the total State Titles Bill, you will be eligible to have those payments refunded once bills are finalised.
- If you experience difficulties paying your invoice in full, please contact Treasurer or Rep Co-ordinator ASAP.
- Final invoice will be sent out in September after the Presentation to ensure appropriate fundraising

Senior 15s

Item	Cost	Due date
Playing uniform	\$70 (approx.)	Upon purchase

Facebook: Goulburn District Netball Association

Instagram: goulburn_netball

Website: goulburnna.nsw.communitynetball.com.au

Jacket	\$70 (approx.)	Upon purchase
Training shirt	Up to \$45 (less if sponsorship available)	Upon purchase

* Train On Player Fees – Representative Fee of \$50, plus \$10 per carnival.

- GDNA Treasurer will generate an initial invoice and bank deposit details will be provided on invoice.
- Direct deposit is the preferred method of payment.
- Instalment plans can be arranged by contacting the GDNA treasurer and/or rep coordinator
- If cash payments are more than the total State Titles Bill, you will be eligible to have those payments refunded once bills are finalised.
- If you experience difficulties paying your invoice in full, please contact Treasurer or Rep Co-ordinator ASAP.
- Final invoice will be sent out in September after the Presentation to ensure appropriate fundraising

Senior 17s and Opens

Item	Cost	Due date
Playing uniform	\$70 (approx.)	Upon purchase
Jacket	\$70 (approx.)	Upon purchase
Training shirt	Up to \$45 (less if sponsorship available)	Upon purchase

* Train On Player Fees – Representative Fee of \$50, plus \$10 per carnival.

- GDNA Treasurer will generate an initial invoice and bank deposit details will be provided on invoice.
- Direct deposit is the preferred method of payment.
- Instalment plans can be arranged by contacting the GDNA treasurer and/or rep coordinator
- If cash payments are more than the total State Titles Bill, you will be eligible to have those payments refunded once bills are finalised.
- If you experience difficulties paying your invoice in full, please contact Treasurer or Rep Co-ordinator ASAP.
- Final invoice will be sent out in September after the Presentation to ensure appropriate fundraising

Fundraising / Sponsorship

To keep the costs of the representative program down the association encourages participation in fundraising activities. The association may seek a volunteer for

fundraising/sponsorship sub - committee. Please contact the Rep coordinator if you can fulfil this role.

GDNA welcomes ideas for fundraising/sponsorship. Fundraising/ sponsorship proposals should be presented to the GDNA Rep Coordinator for consideration by the GDNA committee.

Fundraising/ sponsorship opportunities may be available throughout the season. Some of these fundraising/ sponsorship activities could include:

- Selling Chocolates *
- Canteen Duty
- Pie Drive
- Raffle's
- 100 club's
- Trivia Night
- Bake Sales
- Bunnings BBQ
- Sponsor a player
- Shirt sponsors

[Cadburys Chocolates](#)

Cadburys Chocolate Fundraiser will be organised early in the season. There is an initial limit of 2 boxes per family. Additional boxes can be ordered after funds from outstanding boxes are returned to the Team Manager.

* Any chocolates or raffle tickets that are unable to be sold MUST be returned to the rep coordinator by the fundraising closing date.

[Canteen](#)

GDNA operates a canteen facility at Winter competitions. Fundraising opportunities will be available with rostered placement in the canteen. A roster will be made available by the Rep Coordinator. Speak to your manager about your place on the roster.

[Donations / Sponsorship](#)

Upon Request GDNA may provide a letter of authorisation to seek team donations from businesses. Players who utilise this form of fundraising/ sponsorship agree that any funds raised in this manner MUST have receipt of funds directly to the GDNA nominated

bank account as stated in the letter. Receipt of funds directly to player via cash, funds transfer or any other method is not endorsed or approved by GDNA.

Refer to the GDNA Financial Policy for further information in regard to representative billing.

Uniforms

Full GDNA Representative Uniform is required to be worn to/during/from all carnivals, State Titles and on other occasions requested by GDNA.

Representative Uniform	
Item	Cost
GDNA playing uniform	\$70 (approx.)
GDNA training top (Sponsorship opportunities are available – contact GDNA Committee)	Up to \$45
GDNA jacket	\$70 (approx.)
GDNA socks	\$12 (approx.)
Plain black athletic shorts	Supplied by player
Lace up Netball shoes	Supplied by player
Plain black track pants	Supplied by player

Representative Training Uniform	
Item	Cost
GDNA training top (Sponsorship opportunities are available – contact GDNA Committee)	Up to \$45
Black bottoms	Supplied by player
Lace up Netball shoes	Supplied by player

Jewellery is not to be worn to training and games. Casual footwear may be worn during travel. Please ensure all items are clearly labelled.

NSW Junior State Titles (13s/14s 2026)

We want all our teams and players to be successful in a competitive but harmonious environment. In the process of working towards success at NSW Junior state titles we will give every player an opportunity to develop their skills:

- on court at carnivals
- to develop at training providing them with the appropriate skills to be competitive to perform these skills to a highly competitive level.

NSW Junior State Titles is the pinnacle of what we are working towards and as such, coaches will play players according to their performance and in the best interests of the team.

The development of all players is paramount in the representative program and coaches will work with each player to develop their netball skills in line with the Netball Australia skills pathway throughout the season.

We aim to provide as much court time for each player as possible, considering player injuries and the ability for individuals to play in various positions.

At all times the coach will keep open communication line with players and provide feedback as appropriate. GDNA abides by Junior State Titles Competition Rules which requires all players to attain minimum match play over the entire Titles.

If a team is unable to field a full number of players, and no players of the correct age are available within GDNA, players may be borrowed from other associations to play during the titles as per Selection policy.

Parents are welcome to approach GDNA Rep Coordinator/Coaching Co-ordinator to seek clarification or voice concerns or queries. Parents may approach team Carer if their child has indicated they are injured or unwell, but it is strongly encouraged that all players should discuss any illnesses/injuries with the team carer in the first instance.

During State Titles weekends, Rep co-ordinator/ GDNA Official Representative are your first point of contact regarding this policy and its outcomes.

Weekend Format

Coaches and/or Team Managers will clearly communicate, prior to the State Titles weekend: game times, including warm up and training, team photos, duties, “team time” and free time.

Please note: Netball NSW distributes this information at least one week prior to Junior State Titles.

During the Junior State Titles weekend - teams will be given restricted and exclusive access to the GDNA tent for “Team Time” before and after games as directed by the team officials. As per Netball NSW format, parents and supporters are not permitted in the Association tent.

Players remain in the care and leadership of their coaches and team officials for the day. Players are to remain with their team prior to, during and after all warmups, cool downs and during game time. Players are not permitted to leave the courts during the scheduled three days of State Titles.

NSW Junior State Titles

Facebook: Goulburn District Netball Association

Instagram: goulburn_netball

Website: goulburnna.nsw.communitynetball.com.au

Venue	Dates	Teams
Camden District Netball Association	Sat 4 Jul to Mon 6 Jul 2026 (depart from Goulburn Fri)	13's, 14's

NSW Senior State Titles 15s/17s/Opens

The aim of GDNA Senior Representative Teams is to win NSW Senior State Titles.

In the process of working towards this goal we will give every player an opportunity:

- on court
- to develop at training providing them with the appropriate skills to be competitive to perform these skills to a high competitive level.

NSW Senior State Titles is the pinnacle of what we are working towards and as such coaches will play players according to their performance and in the best interests of the team.

In some instances, this may mean that a player may not go on court in a game at State, and this may happen during State Titles.

The development of all players is paramount in the representative program and coaches will work with each player to develop their netball skills in line with the Netball Australia skills pathway throughout the season.

There will be times, especially at Senior State Titles, where team members may not be given court time for a number of reasons. Including:

- appropriate team match ups against opposition
- performance and behaviour related instances

If a team is unable to field a full number of players, and no players of the correct age are available within GDNA, players may be borrowed from other associations to play during the titles as per the Selection Policy.

Weekend Format

At all times the coach will keep open communication line with players and provide feedback as appropriate.

Please note: Netball NSW distributes this information one week prior to Senior State Titles.

You or your parents are welcome to approach GDNA Rep Coordinator/Coaching Coordinator to seek clarification or voice concerns or queries.

Facebook: Goulburn District Netball Association

Instagram: goulburn_netball

Website: goulburnna.nsw.communitynetball.com.au

Please do not approach the Coach/Team Manager directly as their attention needs to remain focused on their team for the entire Senior State Titles.

During the Senior State Titles weekend - teams will be given restricted and exclusive access to the GDNA tent for "Team Time" before and after games as directed by the team coach. As per Netball NSW format, parents and supporters are not permitted in the Association tent.

During State Titles weekends, Rep Co-ordinator/GDNA Official Representative are your first point of contact regarding this policy and its outcomes.

NSW Senior State Titles		
Venue	Dates	Teams
Baulkham Hills Shire Netball Association	Sat 6th June to Mon 8 th June (depart from Goulburn Fri)	15's, 17's, Opens

Injuries/Illness

We request all players attend all training sessions. Injuries are an unfortunate part of sport, if injured, it is recommended you continue to attend while recovering to maintain a positive and supportive team culture and to stay up to date with relevant information shared by your coach. If you are unable to attend a session, please inform your team coach or manager as early as possible. During training, we ask that players give their full attention to the coach and their teammates in line with the player code of conduct.

If a player is unable to fully participate and/or complete 2 consecutive training sessions due to injury they will be required to gain a medical clearance (physio/doctor) before they are allowed to recommence training. This needs to be sighted by the coach and handed to the Manager. See GDNA Representative Policy

If a player is injured one month before Junior State Titles or Senior State Titles, they must have medical clearance to participate in the State Titles weekend.

If a player is generally unwell or injured, the player must notify their coach.

GDNA Rep Photos & Recordings

During the GDNA competitions GDNA is grateful for the time and service volunteered by the GDNA committee to capture images for Social Media.

During the season parents are encouraged to email both on court and off court individual and/or team photos, including team bonding socials. Please email all photos/videos through to the GDNA social media coordinator – gdna.media@hotmail.com

Facebook: Goulburn District Netball Association

Instagram: [goulburn_netball](#)

Website: goulburnna.nsw.communitynetball.com.au

Coaches may utilise mobile recording devices to record their team during training and match play for evaluation and training purposes.

Your manager will communicate how images taken by them will be used.

If you have any concerns or restrictions regarding images of your player please email your manager and Rep Coordinator gdna.rep@hotmail.com to ensure your preference is honoured.

Photography at State Titles:

Photography and Videography In addition to the clauses outlined below, the Netball NSW Photography policy will be referred to at the Competition.

- Extended video footage should only be taken for training purposes.
- All photographers and videographers should notify the opposing Team of their intention to photograph or video the match for consent.
- All photographers and videographers taking photos on behalf of an Association must register with Event Control upon arrival at the Competition.
- Photographers and Videographers may be asked to complete an accreditation form, and to wear a Netball NSW accredited photographer pass.
- Photographers and Videographers should comply with any Courtside Equipment Guidelines published for the Competition.

GDNA Representative Teams Presentation

Presentation will be held annually.

This event celebrates the past GDNA season as well as team and individual achievements. All players are encouraged to attend, and family members are most welcome. Further information will be provided by Team Managers and updates also provided on GDNA web page/ social media and/or through supported communication methods.

Code of Behaviour

GENERAL CODE OF BEHAVIOUR

As a person required to comply with this Policy, you are to meet the following requirements in regard to your conduct during any Netball Activity sanctioned by Netball NSW or an Affiliate.

- Respect the rights, dignity and worth of all people involved in Netball regardless of their gender, ability, cultural background, religion or any other personal characteristic.
- Be ethical, fair, considerate and honest in all dealings with others.

Facebook: Goulburn District Netball Association

Instagram: goulburn_netball

Website: goulburnna.nsw.communitynetball.com.au

- Make a commitment to providing a quality service.
- Operate within the rules and spirit of Netball including national and state guidelines, and policies which govern Netball NSW and Affiliates.
- Do not use your involvement with Netball to promote your own beliefs, behaviours or practices where these are inconsistent with those of Netball NSW or Affiliates.
- Demonstrate a high degree of individual responsibility especially when dealing with persons under 18 years of age, as your words and actions are an example and they can be easily influenced.
- Always place the safety and welfare of children above other considerations.
- Avoid unaccompanied and unobserved activities with persons under 18 years of age, whenever possible.
- Comply with all relevant Australian laws (Commonwealth and State), particularly anti-discrimination, occupational health and safety and child protection laws.
- Refrain from any behaviour that may bring Netball NSW or Affiliates into disrepute.
- Provide a safe environment for the conduct of Netball Activities.

PLAYER CODE OF BEHAVIOUR

In addition to Netball NSW's General Code of Behaviour, you are to meet the following requirements with regard to your conduct during any Netball Activity sanctioned by Netball NSW or an Affiliate. In your role as a player you are to:

- Respect the rights, dignity and worth of fellow players, coaches, officials and spectators.
- Refrain from conduct which could be regarded as sexual harassment, discrimination, bullying and/or victimisation.
- Respect the talent, potential and development of fellow players and competitors.
- Participate fairly and safely.
- Be frank and honest with your coach concerning illness and injury and your ability to train and play fully.
- Conduct yourself in a responsible manner relating to language, temper and punctuality. Do not use profane language at any time.
- Abide by the rules and respect the decision of the umpires. Be courteous and use the correct process when seeking a rule clarification.
- Be honest in your attitude and preparation to training. Work equally hard for yourself and your team.
- Co-operate with coaches and staff in relation to programs that adequately prepare you for competition.

- Do not engage in illegal practices that affect sporting performance (including illegal drug use or sports doping).
- Applaud all good play, by your own team and opponents.
- Respect and acknowledge the contribution of those who create the opportunity for you to play (e.g. scorers, coaches, timekeepers, administrators and umpires).

PARENT/GUARDIAN/SPECTATOR CODE OF BEHAVIOUR

In addition to Netball NSW's General Code of Behaviour, you are to meet the following requirements with regard to your conduct during any Netball Activity sanctioned by Netball NSW or an Affiliate. As a parent/guardian or spectator you are to:

- Encourage players to participate but do not force them.
- Focus upon a player's efforts and performance rather than the overall outcome of the event. This assists players in setting realistic goals related to their ability by reducing the emphasis on winning.
- Teach players that an honest effort is as important as winning, so that the result of each game is accepted without undue disappointment.
- Encourage players to always play according to the rules.
- Be a model of good sports behaviour for players to copy. Applaud good play by all players.
- Never ridicule or yell at a player for making a mistake or losing a game.
- Respect the decision of the umpires. Encourage players to play according to the rules and official decisions, and develop your own knowledge of the rules. If you disagree with an umpire or coach raise the issue through the appropriate channels rather than question their judgement and honesty in public.
- Refrain from conduct which could be regarded as sexual harassment, discrimination, bullying and/or victimisation.
- Recognise and respect the value and importance of volunteer administrators, coaches and umpires. They give up their time and resources to provide recreational activities for players and deserve your support.
- Be courteous in communication with administrators, coaches, players, umpires and all other parents, guardians and spectators. Teach players to do the same.
- Support the use of age appropriate development activities and modified rules.
- Condemn the use of violence in any form, be it by administrators, coaches, players, umpires, or other spectators.
- Acknowledge that a breach of this Code of Behaviour may result in disciplinary action being taken against other members in connection with your behaviour (where applicable). This may include expulsion from game(s), suspension or termination of membership.

All GDNA players will be aware of and adhere to the NNSW Codes of Behaviour. It is an expectation of participation in our program that players will:

Facebook: Goulburn District Netball Association

Instagram: goulburn_netball

Website: goulburnna.nsw.communitynetball.com.au

- Participate fully in all representative carnivals as directed by your coach unless previously discussed with your coach and the Representative Coordinator.
- Continued player absence for anything other than notified injury could lead to a player being asked to leave the GDNA representative program
- Be a model of good sportsmanship behaviour

Parent/Guardian Acknowledgement of Codes of Behaviour

I/we _____ the parent/guardian of
 _____ (player name) in the _____ Team

Have read and understood the codes of behaviour and team protocols for GDNA 2026 Representative program and have discussed the codes of behaviour with our child.

<https://www.goulburnna.nsw.communitynetball.com.au/policies>

I **do/do not** (PLEASE CIRCLE) consent for photographs and recordings to be taken of my child as outlined in the GDNA Rep Photos & Recordings section of this manual.

I/We acknowledge that I/we will uphold these values during the 2026 Representative season.

Signed:	Name:	Date:
---------	-------	-------

Player Acknowledgement of Codes of Behaviour

I _____ team member of

GDNA 11 / 12 / 13 / 14 / 15 / 17 / 19 / Open / Master - Team (PLEASE CIRCLE)

Have read and understood the codes of behaviour, team and social media protocols for the 2026 Representative Program.

<https://www.goulburnna.nsw.communitynetball.com.au/policies>

I have discussed these with my parent/guardian (for players under 18 years of age).

I will uphold these values during the 2026 Representative Season

Signed:	Name:	Date:
---------	-------	-------

Please ensure that you have read and understood the information in this Handbook. Please attach this signed form to the following Emergency Medical Information Forms and return ALL THREE pages to Team Manager, at least 2 week after selected in the GDNA squad.

We look forward to a great season ahead!

GDNA Emergency Contact and Medical Information

Player's Full Name: _____

Date of Birth: ____/____/____

Team: 11 / 12 / 13 / 14 / 15 / 17 / 19 / Opens / Masters

Coach/es: _____

Manager/s: _____

Carer/s: _____

Parent/Guardian's name (players under 18): _____

Mobile: _____ Home: _____

Email: _____

Parent/Guardian's name #2 (players under 18): _____

Mobile: _____ Home: _____

Email: _____

NOTE: It is the parents/guardian's responsibility to ensure GDNA is notified of any changes to information provided on this form.

Alternative Emergency Contact

1st Alternative Emergency Contact: _____

Mobile: _____ Home: _____

Relationship to Player: _____

2nd Alternative Emergency Contact: _____

Mobile: _____ Home: _____

Relationship to Player: _____

Please outline any information that will help the Association to contact the most appropriate parent/guardian in the event of an emergency or acute injury. (e.g. "I will usually be at/around the courts at training; only 15mins away from training; I will usually attend local carnivals but not away carnivals") etc.:

Medical Information

Please circle if you/your child suffers from any of the following conditions and complete any other health considerations relevant to playing netball the Association and the coach should be aware of:

Asthma Travel Sickness Diabetes Long Term Injury

Other: (please detail): _____

Allergies to:

Medications: _____

Foods: _____

Other: (please detail) _____

Any special care required: _____

* If you have circled or noted any of the above, please supply a current action plan for treatment

Medicare Number: _____

Number on Card: _____ Expiry Date: _____

Health Fund: _____ M'Ship No: _____

Medical:

In the event of accident or illness when it is impracticable or impossible to communicate with me, I understand the person in charge will arrange such medical or surgical treatment as may be deemed necessary.

Expenses:

I agree to reimburse the Goulburn District Netball Association for any hospital, medical or ambulance expenses incurred by the Association.

Signature of player OR parent/guardian for U18: _____

Date: _____

Request for Feedback Form

Please complete this form in its entirety. Provide your form to the Manager of your team and they will then pass this onto the GDNA committee for further review. Please note that GDNA will advise you of the outcome of your request for feedback within 14 days.

Player/parent/guardian to complete:

Date of feedback requested: _____

Name of person requesting feedback: _____

Name of the player your are requested feedback on behalf of:

How would you like to be contacted in regards to your Feedback?: _____

Phone:

Email:

Address:

Has this matter been brought to our attention previously: No / Yes

If Yes: To whom _____ and when _____

Please explain what your requested feedback on: _____

Committee to complete:

Date the feedback request form was received:

To whom it was received by:

Any other important notes:

Date this request needs to have a response by: